

Leisure and Active Lifestyles Service End of the Year report 2025 - 2026

Performance measure	Link to Corporate Plan priority	Target and reporting timescale	Baseline/output from 2024 - 2025	Owner and co-owners	Outcome or output 2025 - 2026
Supporting the district leisure facilities with their delivery plans and facility developments	Sustainable communities	Work with facilities that require support and advice up to March 2026. Annual review	Partnership meeting held biannually in May and November. Burwell Community Sports centre provided support with ideas around new activities and funding. Anglian Leisure Bottisham underwent an environmental study as part of Sport England funding. Littleport Leisure received safeguarding support and training with other sites also offered support linked in with the Active Partnership.	Leisure and Active Lifestyles Manager	Completed - Target Met The district facilities have been supported as requested by signposting to funding opportunities, business cases and support with delivery programmes running out of some of the facilities to engage with those physically inactive. Partnership meeting was held in November 2025.
Support Leisure facilities and partners through grant funding (ECDC and external)	Sustainable communities	Work with partners to allocate remaining Community Sports Fund Grant by March 2026. Where opportunity presents provide support on external grants available up to March 2026. 6 monthly review, annually	Project ideas discussed but no applications submitted to date for Community Sports Facility Grant. Varying factors have impacted on this measure. Funding to be carried forward. Anglian Leisure Bottisham boiler replacement and triple glazing works taken place with Sport England funding of £61.5k. Support provided to Fresh (Ely) and Soham Community Gym with funding for delivery programmes to engage with inactive residents.	Leisure and Active Lifestyles Manager	On Going Ely Outdoor Sports Association awarded £10k for new Padel courts which opened in September 2025. Burwell Community Sports Centre application submitted in February 2026 for new sports hall floor to be considered by the Operational Services committee in March 2026.

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Deliver the Council's Health and Wellbeing strategy and action plan 2024 – 27 and raise the profile of healthier lifestyles	Sustainable communities	<p>To complete the relevant actions within the strategy and plan required by March 2026.</p> <p>Attend 20 events to raise the profile of healthier lifestyles by March 2026</p> <p>6-monthly review, annually</p>	<p>Action plan on track including delivery of Health and Well fair event in September and Community Appointment Day in January. Parish Conference in February had a health theme to engage a bottom-up approach.</p> <p>New health targeted sessions delivered and links with Princess of Wales (musculoskeletal) and Healthy You tier 2 (falls prevention) established to support pathways.</p> <p>32 Council and partner staff trained in Measure Yourself Concerns and Wellbeing training.</p> <p>Updated Action Plan attached for further detail.</p>	<p>Leisure and Active Lifestyles Manager</p> <p>Project Coordinator (Health & Wellbeing)</p>	<p>Completed - Target Met Key actions from within the strategy have been delivered, including the Health & Welfare event in Soham, targeted physical activity programmes for those with health inequalities and to reduce medical waiting lists for healthier weights and frailty.</p> <p>Community Appointment Day for parents with children on neurodevelopmental waiting lists planned for March 2026.</p> <p>Over 20 events attended to promote Health & Wellbeing services through talks and practical sessions.</p>
Continued implementation of Public Health funded Physical Activity ("Healthy You") programme and explore options for future delivery/funding	Sustainable communities	<p>600 new residents to take part in Healthy You programmes and at least five new strength and balance sessions added across the district by March 2026</p> <p>Explore options to extend programme beyond September 2025.</p> <p>6 month review, annually</p>	<p>550 new residents taken part in Healthy You programmes up to 31st Jan 25.</p> <p>Wellbeing walks, lets run groups and walking sports sessions included as well as some new community classes in Stretham and Witchford.</p> <p>Seven new community strength and balance classes added in Fordham, Sutton, Soham and Ely.</p>	<p>Leisure and Active Lifestyles Manager</p> <p>Active Lifestyles Coordinator</p> <p>Project Coordinator (Health & Wellbeing)</p>	<p>Completed – Target Met Delivery of the Healthy You programme for the final 8 months of the contract was very successful. The targets for the final part of the contract were exceeded with 815 new individuals engaged in physical activity programmes, 8 new programmes set up and numerous existing ones supported to ensure sustainability in local communities. New activities included Chair Based fitness in Burwell, Seated Yoga in Soham, Walking Netball in Haddenham, beginners Pickleball in Littleport.</p>

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					<p>On Going Joint bid with Ely Primary Care Networks for new healthy lifestyles behaviour change contract was unsuccessful. Contract ended in November with new provider starting in December 2025. Impact and options are being explored whilst new contract is still in mobilisation phase.</p>
<p>Development of programmes and services to support health inequalities through physical activity</p>	Sustainable communities	<p>Deliver four further Active for Health programmes and investigate implementing new health targeted classes such as Escape Pain and Cancer Rehab.</p> <p>6 monthly review, annually</p>	<p>Five Active for Health programmes delivered in Littleport, Bottisham and Ely. Three Aqua Aerobics for Health session delivered at the Hive. Supporting 135 residents.</p> <p>Two new community Active for Health Lite sessions in Ely and Witchford to commence in March.</p> <p>Cardiac phase IV class planned to commence by end of March at the Hive.</p>	<p>Leisure and Active Lifestyles Manager</p> <p>Active Lifestyles Coordinator</p> <p>Project Coordinator (Health & Wellbeing)</p>	<p>Completed – Target Met Active for Health programmes have again been very popular with sessions taking place in Ely, Littleport and Bottisham. Aqua for Health at the Hive has had regular waiting lists.</p> <p>112 residents have benefitted from the six programmes delivered. Case studies have detailed the significant positive impact the programmes have had on people’s health and overall wellbeing.</p> <p>A staff member at the Hive is undergoing Level 4 Cancer Rehab qualification to be able to deliver a targeted programme at the centre once qualified. Potential start date in March 26.</p>
<p>Develop and implement operational arrangements and service plans in consultation with the appointed Operator GLL at The Hive; ensure</p>	Sound financial management	<p>Meet monthly with the operator and. Carry out a yearly full site inspection</p> <p>Monthly reviews</p>	<p>Monthly meetings held to discuss ongoing performance and delivery.</p>	<p>Leisure and Active Lifestyles Manager</p>	<p>Completed – Target Met Monthly meetings held to discuss ongoing performance and delivery.</p> <p>Support provided with healthier weight Aqua for Health programmes.</p>

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continuing high performance and service standards compliance			<p>Quest review took place in August and the assessment score was rated as Good.</p> <p>Full site inspection took place in January 2025 alongside Council H&S Officer.</p> <p>Facility supported with Healthier Weight funding to deliver Active for Health and Aqua Aerobics for Health courses.</p> <p>Wellbeing Walks course run for staff aswell as access to Measure Yourself Concerns and Wellbeing training.</p>		Formal annual site inspection planned for February 2026.
<p>Regularly review risks associated with Leisure Services, including:</p> <ul style="list-style-type: none"> • loss of facilities or services of trust operated centres • regulatory breaches at Council or trust-operated facilities 	Sound Financial Management	<p>Ongoing risk reviews of services, utilising monthly meetings with operator to manage.</p> <p>End of Healthy You contract in September 2025, opportunity to bid for new tender.</p> <p>Report annually</p>	Services reviewed and no issues	Leisure and Active Lifestyles Manager	<p>Completed - Target Met Services reviewed and no issues</p> <p>On Going Healthy You contract ended 30th November 2025. Impact and options are being explored whilst new contract is still in mobilisation phase.</p>
Monitor the net impact/improvement of fitting solar panels at The Hive during 2025/6	Cleaner, greener East Cambridgeshire	<p>Review quarterly reports with GLL to assess the impact and measure energy and cost savings.</p> <p>Quarterly review</p>	SGS Energy appointed as contractor in February with timeline of completion by end of April with forecast spend to be under budget.	Leisure and Active Lifestyles Manager	<p>Target On Track The Solar panels were installed in April with works completed on 25/04/25. As of the 4th February 2026 the panels have generated 84,732kwh of energy with a saving of £16,975.</p>

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Performance is on track to achieve the estimated savings in year one.
