

Leisure & Active Lifestyles half year report 2025 to 2026

Performance measure

Target and reporting timescale

Half year update

Supporting the district leisure facilities with their delivery plans and facility developments

Work with facilities that require support and advice up to March 2026.

Annual review, annually

Target On Track

Centres supported over first 6 months. Including signposting to funding opportunities and support with delivery programmes running out of some of the facilities to engage with those physically inactive.

Support Leisure facilities and partners through grant funding (ECDC and external)

Work with partners to allocate remaining Community Sports Fund Grant by March 2026.

Where opportunity presents provide support on external grants available up to March 2026.

6-monthly review, annually

On Going

Ely Outdoor Sports Association awarded £10k from Community Sport Facilities grant towards new Padal courts. The new courts opened in September. Ellesmere Centre working up application for Community Sports Facility Grant to renovate building to increase usage.

Performance measure

Target and reporting timescale

Half year update

Deliver the Council's Health and Wellbeing strategy and action plan 2024 – 27 and raise the profile of healthier lifestyles

To complete the relevant actions within the strategy and plan required by March 2026.

Attend 20 events to raise the profile of healthier lifestyles by March 2026

6-monthly review, annually

Target On Track

Key actions from within the strategy have been delivered including the Health & Welfare event in Soham, providing targeted physical activity programmes for those with health inequalities and to reduce medical waiting lists for healthier weights and frailty.

14 events attended in 6 month period to promote Health & Wellbeing services through talks and practical sessions.

Continued implementation of Public Health funded Physical Activity ("Healthy You") programme and explore options for future delivery/funding.

600 new residents to take part in Healthy You programmes and at least five new strength and balance sessions added across the district by March 2026

Explore options to extend programme beyond September 2025.

6-monthly review, annually

On Going

Performance of Healthy You programme for first 6 months exceeding targets. 785 new individuals engaged in physical activity programmes with 8 new programmes set up and numerous existing ones supported to ensure sustainability in local communities. New activities included Chair Based fitness in Burwell, Seated Yoga in Soham, Walking Netball in Haddenham, beginners Pickleball in Littleport.

New healthy lifestyles behaviour change programme was tendered for, but unsuccessful outcome was provided in September after delays in procurement process. Impact and options are being explored.

Performance measure

Target and reporting timescale

Half year update

Development of programmes and services to support health inequalities through physical activity

Deliver four further Active for Health programmes and investigate implementing new health targeted classes such as Escape Pain and Cancer Rehab.

6-monthly review, annually

Target On Track

Active for Health programmes been very popular with sessions taking place in Ely, Littleport and Bottisham. Aqua for Health at the Hive has had regular waiting lists. 86 residents have benefitted from the six programmes delivered. Case studies detail the significant positive impact the programmes have had on people's health and overall wellbeing.

A staff member at the Hive is undergoing Level 4 cancer Rehab qualification with the aim to deliver targeted programme at the centre once qualified.

Develop and implement operational arrangements and service plans in consultation with the appointed Operator GLL at The Hive; ensure continuing high performance and service standards compliance

Meet monthly with the operator and carry out a yearly full site inspection

Monthly reviews

Target On Track

Monthly meetings held to discuss ongoing performance and delivery. Support provided with healthier weight Aqua for Health programmes.

Regularly review risks associated with Leisure Services, including:

- loss of facilities or services of trust operated centres
- regulatory breaches at Council or trust-operated facilities

Ongoing risk reviews of services, utilising monthly meetings with operator to manage.

End of Healthy You contract in September 2025, opportunity to bid for

On Going

Regular review of services and no issues.

Healthy You contract to end 30th November 2025. Joint tender with Ely Primary Care Networks for new healthy lifestyles behaviour change contract was unsuccessful.

reporting Half year update Performance measure timescale new tender. Report annually Review quarterly reports with Target On Track GLL to The Solar panels were installed in assess the April and completed on 25/04/25. To Monitor the net impact/improvement impact and the end of September the panels of fitting solar panels at The Hive measure have generated 75,706kwh of during 2025/6 energy and energy with a saving of £15,141. cost Performance if above estimated in savings.

Quarterly review

year one due to the summer

weather.

Target and