

Health and Wellbeing Action plan

Action number	Action	Target	Service area/partner	Progress
1	Implementing MYCaW training to all relevant ECDC staff to be able to use the Measure Yourself Concerns and Wellbeing evaluation tool	25 staff trained by April 2025	All / Integrated Neighbourhood Delivery Board	
2	Supporting parishes to enable their residents to access health and wellbeing services via a bottom-up approach	Utilise parish conference in 2024 to gain three pledges from each parish to commit to health and wellbeing at a local level	Community, Leisure, Environmental Health	
3	Continue to deliver in partnership the High Impact user project	Provide support to 483 High impact users over 15 months	Integrated Neighbourhood Delivery Board – Wellness Hub	
4	Provide community events to raise awareness of health and wellbeing and to promote partner activities	Deliver an annual Health & Well Fair event, deliver two youth events in 2024	Health Partnership	
5	Support and encourage greater signposting to all health and wellbeing agendas across the district. Review information on ECDC website to give clear links to health and wellbeing advice	To have a dedicated Health and Wellbeing section on the ECDC website with a clear link from the home page by March 2025	Digital services, Health Partnership	
6	Supporting the active and community environment of East Cambridgeshire to provide accessible health and wellbeing spaces	Provide funding for the continuation of Community Hubs through to 2027, Health and Wellbeing recognised within the Local Plan refresh by March 2025	Health Partnership, Strategic planning	

Action number	Action	Target	Service area/partner	Progress
7	Supporting as many residents as possible to have a safe, warm, affordable house	To support 100 residents by March 2025	Housing, Environmental Services	
8	Continue to support the Children and Young People Mental Health Project	To support 100 plus children by March 2025	Integrated Neighbourhood Delivery Board / The Acorn Project	
9	Provide greater access to physical activity programmes for those with health inequalities	Provide 6 new targeted schemes to support health needs such as Cardiac Rehab, Muscular Skeletal, Falls Prevention and Obesity	Leisure	
10	Access available funding that addresses identified health priorities meeting the needs of the district	Submission of successful bids where the opportunity presents to March 2027	Health Partnership	

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11	Support initiatives that aim to reduce medical waiting lists	Deliver 4 Active for Health programmes supporting healthier weight and deliver a Community Appointment Day aimed at supporting those on waiting lists and intervening at an earlier stage by March 2025	Health Partnership, Leisure	
12	Investigate an offer to all ECDC employees to receive a 1 day allowance to volunteer within the local community supporting health and wellbeing	20% of ECDC employees to partake each year	All	